

# A PATIENT'S GUIDE TO TREATMENT WITH RADIESSE™

# Radiesse™

(Calcium Hydroxylapatite particle in an aqueous gel carrier)

Read all the information before you are treated with Radiesse.

- Keep this information. You may need to read it again.
- If you have any questions, please ask your doctor.

## **Introduction**

This information will help you decide whether treatment with Radiesse is right for you. This information does not take the place of a discussion with your doctor but will answer some questions about treatment with Radiesse.

Please read this information and discuss any questions with your doctor. Only you and your doctor can decide whether Radiesse is right for you.

## **Glossary**

*Anesthetic:*

A substance that causes loss of feeling or awareness. A topical or local anesthetic causes temporary loss of feeling in a part of the body, and may make your treatment more comfortable.

*Facial*

*Lipoatrophy:*

The loss of facial fat.

*Calcium hydroxylapatite*

Calcium Hydroxylapatite is a biocompatible, biodegradable material that is similar to one of the components commonly found in natural bone. Calcium Hydroxylapatite has been widely used for many years in medical products.

*Side effect:*

An undesirable event caused by use of the product.

## **Background Information**

### **What is Radiesse?**

Radiesse is a synthetic material that includes particles of Calcium Hydroxylapatite in a gel carrier. Calcium Hydroxylapatite has been used in medical products for many years.

### **Who might benefit from treatment with Radiesse?**

Radiesse is intended for soft tissue augmentation and restoration of the face to restore lost facial fat.

### **Who should not use Radiesse?**

Talk to your doctor about your medical history when deciding on treatment options. You should not use Radiesse if you are allergic to any ingredient of Radiesse. You may also not choose Radiesse if you desire only a short-term augmentation or restoration.

### **Are skin tests needed before treatment with Radiesse?**

No skin testing is required prior to use.

### **How does Radiesse work?**

Radiesse is injected below the surface of the skin in the area of fat loss. Radiesse results in aesthetic improvement and provides an increase in skin thickness in the treated area. Visible results appear at the first treatment session. Radiesse will not correct the underlying cause of the facial fat loss but will improve appearance in the treated area.

### **How many treatments are required?**

Your doctor will decide with you the number of treatment sessions and the amount of Radiesse you will need at each treatment session. Generally, significant augmentation or restoration may be achieved in a first treatment. A touch-up may be required to achieve optimal results, and periodic future touch-up treatments may be needed to maintain the augmentation or restoration.

### **How often are treatments given?**

Your doctor will decide how often treatments are given based upon your needs and desires and the areas and volume of treatment required.

### **How long do treatment effects last?**

Treatment effects will differ for each person. In a clinical study, the treatment lasted for 1 year after the first treatment session in all patients.

### **Do injections of Radiesse hurt?**

As with any injection, injections with Radiesse may hurt. Radiesse is injected in small amounts using a very fine needle. Your doctor may apply a topical or local anesthetic.

### **What can I expect to happen at a treatment session?**

Your doctor will answer all of your questions and prepare you for the treatment.

- The area where the injections will be given will be cleaned with an antiseptic.

- You and your doctor will determine if a topical or local anesthetic is needed.
- Radiesse will be injected in small amounts into the skin using a very fine needle.
- An ice pack may be applied to the treatment area before or after treatment to help reduce swelling.

### **What are the possible side effects of treatment with Radiesse?**

Talk to your doctor about the possible side effects of Radiesse. The most common side effects are redness, bruising, or swelling. These side effects generally last for a short time and are mild in nature. As with all procedures that involve an injection through the skin, there is a risk of infection. However, no infections have been reported in the clinical study of Radiesse. Report any side effects you may experience to your doctor.

### **Should I tell my healthcare provider what medications I am taking?**

Yes. You should tell your doctor about all the medicines you are taking, even over the counter medicines or treatments. If you are taking blood thinners or medications that may interfere with clotting of the blood, such as aspirin, you might be more likely to have bruising or bleeding at the injection site. There have been no studies of possible interactions between Radiesse and drugs or other substances or implants. Talk to your doctor about your medical history when deciding on treatment options.

### **What can I expect after treatment?**

Immediately following a treatment session with Radiesse redness, bruising or swelling may occur in the treatment area. These signs usually go away in a short period and are generally mild in nature. An ice pack may be applied to the treatment area to help reduce swelling. Your health care provider will give you specific post-treatment care instructions.

For approximately 24 hours after treatment:

- Avoid significant movement or massage of the treated area.
- Do not apply makeup.

Avoid extensive sun or heat exposure

After you leave the office, you may experience redness, bruising or swelling for a few days. Not all patients experience these, but please note that such effects can occur and are not out of the ordinary for such a treatment.

You may be able to feel the area where Radiesse was injected for some period after injection. Over time, the injected area will feel more and more like your own tissue.

### **How quickly can I get back to my daily activities?**

Most patients feel comfortable going back to their normal activities immediately after treatment with Radiesse.

### **What other things do I need to know?**

The Microspheres in Radiesse can be seen in X-rays and CT Scans. It is very important that you inform your doctor and other health care professionals that you have Radiesse injected in your face. Even though Radiesse can be seen in X-rays and CT Scans, there is not a high risk that it would cause your doctor concern, as long as s/he knows that you have had Radiesse injected in your face.